

**Team:** ISCAN's Occupational Therapy Team

## **What do we do?**

Your child might need to be seen by an Occupational Therapist if he / she has a long term disability or condition that significantly impacts on their participation in everyday daily living activities, also known as occupations.

Children's Occupational Therapists offer a child and family centred approach to young people who have difficulties completing everyday tasks, for example:

- getting dressed
- feeding themselves
- using the bath and toilet
- carrying out practical activities at school e.g. using scissors or handwriting.
- enabling participation in play and leisure activities

## **What do we offer?**

- An assessment of the child's functional difficulties

Depending on the outcome of the assessment(s), the Children's Occupational Therapist may offer:

- Verbal and/or written advice to enable the child to develop their skills further at home, nursery or school.
- Alternative ways of doing activities and/or provide advice on learning new approaches.
- A therapy programme to help to develop the young person's skills and abilities that can be carried out at home, nursery and / or school by carers.
- Training to parents and / or education staff to promote awareness and management of specific conditions and how these may impact on a young person's engagement in functional tasks
- Advice about specialist equipment / minor adaptations to promote functional independence and postural management e.g. bathing and toilet aids, seating, beds, hoists and slings. This might also include smaller equipment needed for daily living skills such as adapted cutlery, scissors, pens or IT equipment to compensate for handwriting difficulties.
- Advice on adapting the nursery, school or college environment to enable the young person to access the curriculum and school buildings.
- Advice on moving and handling in the home or other environments accessed by the young person to enable them to engage in daily activities and to minimise the manual handling risks to parents and / or carers.

## **Where are we based and where do we work?**

The Children's Occupational Therapy team is based at Rowan House in Hyde, but work in a variety of different settings e.g. Mainstream schools, community clinics, special schools, the young person's home and nurseries.

## Who do we work with?

Young people aged 0-19 years registered with a G.P. in Tameside and Glossop, their families and / or carers.

## Useful Contact Information

The specialist section for children, young people and their families can be found using the COT website below. Please also find links to some useful COT publications

- [www.cot.org.uk](http://www.cot.org.uk)
- [https://www.cot.co.uk/sites/default/files/marketing\\_materials/public/Occupational-therapy-and-Children-and-Young-People.pdf](https://www.cot.co.uk/sites/default/files/marketing_materials/public/Occupational-therapy-and-Children-and-Young-People.pdf)
- [https://www.cot.co.uk/sites/default/files/marketing\\_materials/public/OT-School-leaflet.pdf](https://www.cot.co.uk/sites/default/files/marketing_materials/public/OT-School-leaflet.pdf)

## Contact Information

ISCAN (Integrated Service for Children with Additional Needs), Rowan House, Grange Road South, Hyde, SK14 5NU.

Telephone: **0161 366 2050**

Email: [tga-tr.iscanrowanhouse@nhs.net](mailto:tga-tr.iscanrowanhouse@nhs.net)

## Opening Times

We are open from 8.30am to 5.00pm, Monday to Friday excluding public holidays. We have an answer machine for you to leave a message outside of these times.